

## CERTIFICATE **OF PARTICIPATION**

This is to certify that

## **Helen** Crous

Has successfully participated & completed the

5km Prestige Trail Run Series #3 - Ingaadi Edition

held at Ingaadi Spa.

## **TIME** 00:48:54

PACE 09:45/km **OVERALL** 146 of 248 **GENDER** 77 of 150 **OPEN** 45 of 76

outLime Signature

05 August 2018, Sun

Date